

Senior Cup Format

In knockout cup competitions players become cup-tied. Once a player has been named on the team sheet in the cup competition, he is locked into that team. Players cannot play for another team in the same age group, and cannot go down to lower age groups.

Games to consist of two twenty minute halves. In the event of a draw at full time, 5 minutes each way extra time shall be played, on a "golden goal" basis, i.e. the match will conclude when the first goal is scored in extra time. Game times are not to be shortened; if early games go to extra time then later games may start late. If there are no goals in extra time, a penalty shootout will be held, as per FIFA rules. Each team will nominate 11 players from their team sheet to take part in the penalty shootout.

The FINAL will consist of two twenty-five minute halves; In the event of a draw at full time, 5 minutes each way extra time shall be played, on a "golden goal" basis, i.e. the match will conclude when the first goal is scored in extra time. If there are no goals in extra time, a penalty shootout will be held, as per FIFA rules. Each team will nominate 11 players from their team sheet to take part in the penalty shootout. Goal Keeper can be changed during penalty shootout.

All players must be registered for the current season, if you do not have a registration number for each player contact the Registrar. No newly registered players shall play in a semi-final or final.

All teams knocked out of the draw will play friendly games.